

**SEPTEMBER 2009**



**ORDER DEADLINE FOR SEPTEMBER**

Tuesday September 1, 2009  
711 East 105<sup>th</sup> Street Cleveland OH 44108

Pickup Date 10:00 to 12:30 pm  
Saturday, September 12, 2009

The Basic Food Box for \$30 has a value of \$60 to \$80 and is designed to feed a family of four for a week. The Empty Nester Box is designed for a single person and provides enough food for a couple of weeks. The Seniors Box is designed to provide seniors with high quality nutritious meals. Our goal is to help everyone who wants to cut their food bills for the month.

You May Use Your Food Stamps To Purchase Food. You may use your credit card to purchase online by going to [www.greatfoodforall.com](http://www.greatfoodforall.com). You may come to the church to pay by cash or money order. Remember you may order as many boxes of food as you would like to order. If you have any questions, please call us at 216-253-1165. Everyone is eligible to participate. You must buy a Basic Food Box, Empty Nester, or Seniors Meals in order to purchase one or more of the other boxes. For a complete overview of the Great Food For All program click on the national headquarters website at [www.greatfoodforall.com](http://www.greatfoodforall.com).

**BASIC FOOD BOX - only \$30**

26 oz. Beef Meatloaf w/ Ketchup Glaze  
25 oz. Herb Roasted Chicken Breast  
2 lb Pork Steaks or 3lb Sausage  
3.5 lb (avg) Chicken Legs or Thighs  
1lb Ground Beef  
1 lb Frozen Fruit

1 lb Broccoli Florets  
2 lb Green Beans  
2 lb French Toast Stix  
2 lb French Fries  
1 box of 6 Cereal Bars  
3 lb Dessert

**EMPTY NESTERS BOX - only \$20**

26 oz. Beef Meatloaf w/ Ketchup Glaze  
25 oz. Herb Roasted Chicken Breast  
2 lb Pork Steaks  
1 lb Broccoli Florets  
1 lb Frozen Fruit  
3 lb Dessert

**SENIOR MEALS – only \$28.00**

**New and improved supplier - <http://www.valleyinc.com/senior/nutrition.html>**

**\*\*7 Heat & Serve Meals - with an 8 oz glass of milk, these meals meet USDA RDA recommended dietary needs of seniors\*\***

Salisbury Steak Sour Cream & Chive Potatoes Mixed Vegetables Wheat Bread Margarine Grape Juice	Baked Chicken Broccoli Black-eyed Peas Wheat Bread Margarine Animal Crackers Blended Juice	BBQ Rib Patty Sweet Potato Casserole Green Peas Rye Bread Margarine Orange Pineapple Juice	Seafood Fettuccini Alfredo Corn Italian Vegetables Wheat Bread Margarine Graham Crackers	Chicken Breast & Rice with Apricot Sauce Rosemary Roast Potatoes Green Bean Cass. Wheat Roll Margarine Diced Peach Cup Orange Juice	Peppered Beef Patty Loaded Potato Mixed Greens Rye Bread Margarine Ginger Cookie	Chicken Tetrazzini Carrots Green Peas Wheat Bread Margarine Pineapple Juice
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**Great Food For All Reserves the right to substitute items of equal or greater value due to circumstances beyond our control**

**ORDER THE FOLLOWING SPECIALS WITH THE PURCHASE OF A BIG BOX, EMPTY NESTER OR SENIOR MEALS**

**KIDS BOX** (1.5 lb Popcorn Chicken Bites, 2 lb French Fries, 28 oz Seasoned Taco Meat, 1 package of cookies) **\$14.00**

**BREAKFAST BOX** (Waffles 10 count, 1 lb Blueberries, 4 Breakfast Sandwich Sausage Egg Muffins, 4 Gravy Filled Biscuits, 1 box of 6 cereal bars, 2 lb French Toast Stix) **\$16.00**

**PASTA BOX** (18 oz Cheese-filled Manicotti, 16 oz Tri-colored Tortellini, 12 oz Cheese & Sun-Dried Tomato Stuffed Rigatoni,

12 oz Spinach-stuffed Rigatoni, 13 oz Potato & Cheddar Cheese Pierogies, 18 oz Stuffed Shells)	<b>\$20.00</b>
<b>STEAK BOX</b> (5 lb of Aged Premium New York Strips)	<b>\$38.00</b>
<b>STUFFED CHICKEN BOX</b> (4 – 6 oz of EACH – Chicken Kiev (seasoned butter stuffed), Chicken Broccoli (Broccoli & Cheese Stuffed), Cordon Bleu (Ham & Cheese Stuffed) 12 in all)	<b>\$20.00</b>
<b>SEAFOOD SPECIAL</b> (3 lb Salmon USA Filets, 8 trays of 4 Seafood Appetizers, 18 oz. Battered Fish)	<b>\$20.00</b>
<b>10 LB CHICKEN BOX</b> (10 lb (2x5 lb) un-cooked lightly breaded Mixed Pieces)	<b>\$16.00</b>

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YOU MAY ORDER ANY QUANTITY OF FOOD BOXES

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GREAT FOOD FOR ALL  
34 WEST BROAD STREET    NEWTON FALLS, OHIO 44444  
PHONE 330 872-0155    FAX 330 872-0755  
[www.greatfoodforall.com](http://www.greatfoodforall.com)